

Preventive care can help keep you healthy and may even save your life. Getting routine health exams and screenings can help catch problems early, when they're easier to treat. And getting the right preventive care services can help you manage your health conditions and stay healthy.

Under the Affordable Care Act (ACA), pharmacy benefits must cover certain categories of preventive care drugs and products at 100%. That means you don't have to pay a share of the cost — no copay, deductible or percentage of the cost (coinsurance).

### How do I get these drugs at no cost?

Talk with your doctor about choosing the medication or product that's right for you. To get these preventive drugs, including over-the-counter (OTC) drugs or products:

- They must be right for your age and condition.
- You'll need to get a prescription from your doctor (even for OTC products).
- Remember, only you and your doctor can decide on the medications you need and what's best for your health.

### Preventive drugs and products, by category

Here's a list of medications Carelon plans will cover with no cost-share for you under the ACA. Keep in mind that this list can change. Brand-name drugs are listed with a first capital letter. Non-brand drugs (generics) are in lowercase letters.

#### **ASPIRIN**

Coverage includes generic over-the-counter 81mg aspirin products to prevent preeclampsia in pregnant women.

Aspirin 81mg (tab, ec tab, chew)

#### **BOWEL PREP**

Coverage includes generic prescription and over-the-counter products and are limited to two (2) bowel prep kits per year for adults 45 - 75 years old.

bisacodyl  
bisacodyl-peg 3350-pot chloride-sod bicarb-sod chloride  
magnesium citrate, hydroxide  
peg 3350-potassium chloride-sod bicarbonate-sod chloride (generic Nulytely)  
peg 3350-kcl-sod bicarb-sod chloride-sod sulfate (generic Golytely)

peg 3350-kcl-nacl-na sulfate-na ascorbate-ascorbic acid (generic Moviprep)  
polyethylene glycol 3350  
na sulfate-k sulfate-mg sulf (generic Suprep)

#### **BREAST CANCER**

Please have your doctor complete the Breast Cancer Copay Waiver form for coverage at \$0 for prevention. The form can be found [here](#). If there is a previous diagnosis of breast cancer, the applicable cost share will apply.

anastrozole 1mg  
exemestane 25mg  
letrozole 2.5 mg  
raloxifene 60mg  
Soltamox  
tamoxifen 10mg, 20mg

#### **CARDIOVASCULAR**

Full coverage for low-to-moderate dose generic statins will be limited to members 40-75 years old with one or more cardiovascular risk factor such as

*dyslipidemia, diabetes, hypertension, or smoking but who have not experienced a cardiovascular disease event.*

atorvastatin (10 - 20 mg)  
fluvastatin (20 - 80 mg)  
lovastatin (10 - 40mg)  
pravastatin (10 - 80mg)  
rosuvastatin (5 - 10mg)  
simvastatin (5 - 40mg)

#### **CONTRACEPTION**

A cost share may apply for other prescription contraceptives, based on your drug benefits. Your doctor can contact us by completing and returning the Brand Contraceptive Copay Waiver form if the contraceptive you are taking is not on the formulary and is medically necessary because the preferred contraceptives are inappropriate for you, and we will waive your cost share. The form can be found [here](#).

#### Oral Contraceptives

afirmelle 0.1-0.02  
altavera  
alyacen 7/7/7  
amethia  
amethia lo  
amethyst 90-20mcg  
apri  
aranelle  
ashlyna  
aubra 0.1-0.02  
aubra eq 0.1-0.02  
aurovela 1.5/30  
aurovela 1/20  
aurovela 24 fe 1/20  
aurovela fe 1.5/30  
aurovela fe 1/20  
aviane  
ayuna  
azurette 28  
balziva  
bekyree  
blisovi 24 fe 1/20  
blisovi fe 1.5/30  
blisovi fe 1/20  
briellyn  
camila 0.35mg  
camrese  
camrese lo  
caziant  
chateal 0.15/30  
chateal eq 0.15/30  
cryselle-28  
cyclafem 1/35  
cyclafem 7/7/7  
cyred  
cyred eq

dasetta 1/35  
dasetta 7/7/7  
daysee  
deblitane 0.35mg  
delyla 0.1-0.02  
deso/ethinyl estradio  
dros/eth est levomefo  
apri  
drospir/ethi 3-0.03mg  
drospire/eth/estr/lev  
drospirenone ethy est  
elinest  
emoquette  
enpresse-28  
enskyce  
errin 0.35mg  
estarylla 0.25-35  
ethy eth est 1-35  
ethynodiol 1-50  
falmina  
fayosim  
femynor 0.25-35  
gemmily 1/20  
gianvi 3-0.02mg  
hailey 1.5/30  
hailey 24 fe  
heather 0.35mg  
incassia 0.35mg  
introvale  
isibloom  
isibloom 0.15-30  
jaimiess  
jasmiel 3-0.02mg  
jencycla 0.35mg  
jolessa  
jolivette 0.35mg  
juleber

junel 1.5/30  
junel 1/20  
junel fe 1.5/30  
junel fe 1/20  
junel fe 24 1/20  
kaitlib fe  
kalliga  
kariva 28  
kelnor 1/35  
kelnor 1/50  
kimidess  
kurvelo 0.15/30  
larin 1.5/30  
larin 1/20  
larin 24 fe 1/20  
larin fe 1.5/30  
larin fe 1/20  
larissia  
layolis fe  
leena  
lessina  
levo-eth est 90-20mcg  
levonest  
levonor/ethi  
levonor/ethi 0.1-0.02  
levonor/ethi estradio  
levora-28 0.15/30  
lillow 0.15/30  
lojaimiess  
loryna 3-0.02mg  
low-ogestrel  
lo-zumandimi 3-0.02mg  
lutera  
lyza 0.35mg  
marlissa 0.15/30  
melodetta 24 fe  
merzee 1/20  
mibelas 24 fe  
microgestin 1.5/30  
microgestin 1/20  
microgestin fe 1/20  
microgestin fe1.5/30  
mili 0.25/35  
mircette 28 day  
mono-lyyah 0.25-35  
mononessa  
myzilra  
necon 0.5/35  
necon 7/7/7  
nikki 3-0.02mg  
nor/est/ff 1.5/30  
nora-be 0.35mg  
nore/eth/fer 0.4mg-35  
noreth/ethin fe  
noreth/ethin fe 1/20  
noreth/ethin 1.5/30  
noreth/ethin 1/20  
noreth/ethin fe 1/20

nore/eth/fer 1/20  
norethindron 0.35mg  
norgest/ethi 0.25/35  
norgest/ethi/estradio  
norlyroc 0.35mg  
nortrel 0.5/35  
nortrel 1/35  
nortrel 7/7/7  
ocella 3-0.03mg  
ogestrel  
Opill  
orsythia  
philith 0.4-35  
pimtreea  
pirmella 1/35  
pirmella 7/7/7  
portia-28  
previfem  
quasense  
rajani  
reclipsen  
rivelsa  
setlakin  
sharobel 0.35mg  
simliya 28  
simpesse  
sprintec 28  
sronyx  
syeda 3-0.03mg  
tarina 24 fe  
tarina fe 1/20  
tarina fe 1/20 eq  
taysofy 1/20  
tilia fe  
tri femynor  
tri-estaryl  
tri-legest fe  
tri-lyyah  
tri-lo estaryl  
tri-lo marzia  
tri-lo- sprintec  
tri-lo-mili  
tri-mili  
trinessa  
trinessa lo  
tri-previfem  
tri-sprintec  
trivora-28  
tri-vylibra  
tri-vylibra lo  
tulana 0.35mg  
tydemy  
velivet  
vestura 3-0.02mg  
vienva 0.1-20  
viorele  
volnea  
vyfemla 0.4-35

vylibra 0.25-35  
wera 0.5/35  
wymzya fe chw 0.4mg-35  
zarah 3-0.03mg  
zenchent  
zovia 1/35e  
zumandimine 3-0.03mg  
Cervical Caps (Rx)  
Femcap mis 22-30mm  
Diaphragms  
Caya dpr  
Omniflex  
Wide-seal dpr kit 60-95  
Emergency  
Contraception (Rx or OTC)  
aftera tab 1.5mg  
econtra ez tab 1.5mg  
Ella tab 30mg  
levonorgestr tab 1.5mg  
my choice tab 1.5mg  
my way tab 1.5mg  
new day tab 1.5mg  
next choice tab 1.5mg  
opcicon 1.5mg  
preventeza tab 1.5mg  
react tab 1.5mg  
take action tab 1.5mg  
Condoms (OTC)  
female condoms  
male condoms  
Injectables (Rx)  
depo-sq prov inj  
medroxypr ac inj 150mg/ml  
Intrauterine Devices and Vaginal Rings  
eluryng mis  
etonogestere mis ethy est  
Spermicides (OTC)  
conceptrol gel 4%  
encare sup 100mg  
gynol ii gel 3%  
Shur-Seal gel 2%  
VCF vaginal aer gel,mis contraccp  
Transdermal  
xulane dis 150-35  
Vaginal Sponge  
Today sponge mis  
  
FLUORIDE (GENERIC ONLY)  
*Coverage for children age 6 months to 16 years.*

sodium fluoride chew 0.25mg, 0.5mg, 1mg, 2.2mg  
sodium fluoride tab 0.5mg, 1mg  
sodium fluoride soln 0.25mg 0.5mg 0.125mg  
pediatric multivitamin/ fluoride chew, tab, soln 0.25mg, 0.5mg, 1mg,0.125mg, 1.1mg, 2.2mg  
  
FOLIC ACID  
*Coverage for generic only, prescription and over-the-counter included for women ages 55 or younger who are planning and able to get pregnant.*  
folic acid tab,cap 400mcg, 800mcg  
Prenatal and multivitamins w/ folic acid (generic OTC only)  
  
HIV PRE-EXPOSURE PROPHYLAXIS  
Apretude  
emtricitabine 200mg  
tenofovir 300mg  
emtricitabine-tenofovir 200-300mg  
  
PREDIABETES  
*Full coverage of metformin 850mg is limited to members 35-70 years old who have prediabetes.*  
metformin 850mg  
  
SMOKING CESSATION  
*Coverage includes prescription and over-the-counter, brand and generic for members greater than 18 years old.*  
OTC (Brand and Generic)

Nicotine Replacement Gum, Lozenge and Patch  
(Prescription)  
Nicotrol Inhaler  
Nicotrol Nasal Spray  
varenicline  
  
VACCINES  
BCG  
COVID-19  
Diphtheria, Tetanus, Pertussis  
Haemophilus B Polysac Conj  
Hepatitis A  
Hepatitis B  
Human Papillomavirus (HPV)  
Influenza Virus  
Measles, Mumps & Rubella Virus  
Meningococcal Mpx  
Pneumococcal  
Poliovirus, IPV  
Rotavirus , Oral Respiratory Syncytial Virus (RSV)  
Varicella Virus  
Zoster (shingles)